



Sunflowers Academy **Snack Program**

presented by Greater Miami Caterers, Inc.

August 2023

For Grades K-5 & 6-8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2		1	2	3	4
3	7	8	9	10	11
4	14	15	16	17 100% Grape Juice Whole Grain Pretzels	18 0% Low Fat Chocolate Milk 1% Low Fat Milk Whole Grain Chocolate Chip Cookies
1	21 Fresh Fruit - Orange Sections Whole Grain Pretzels Chips	22 0% Low Fat Chocolate Milk 1% Low Fat Milk Whole Grain Graham Crackers	23 0% Low Fat Chocolate Milk 1% Low Fat Milk Whole Grain Animal Crackers	24 100% Blended Juice Whole Grain Cheese-It Crackers	25 100% Grape Juice Whole Grain Goldfish Crackers
2	28 Fresh Fruit - Apple Slices Whole Grain Corn Muffin Margarine	29 0% Low Fat Chocolate Milk 1% Low Fat Milk WGrain Toastie O's Cereal	30 100% Blended Juice Whole Grain Animal Crackers	31 0% Low Fat Chocolate Milk 1% Low Fat Milk Whole Grain Chocolate Muffin	

ALL MEALS ARE SERVED WITH 1% OR 0% LOW FAT MILK (YOUR CHOICE)